

Physical Education Shoe Guidelines

Revised: 06/12/2023

Sports shoes or joggers must be conservative in colour; predominantly black, navy or white. Shoes predominately fluorescent in colour are not acceptable.

Approved sports shoes or joggers are those which provide the required support and structure to safely engage in sporting activities. Supportive shoes have a firm heel and inflexible sole. Laces must always be tied up in the appropriate manner.

- In consultation with Heads of School, the Assistant Team Leader (Health, Physical Education & Sport) and Junior School Physical Education Coordinator, along with other relevant staff, will deem what is and what is not acceptable, on behalf of the Principal.
- Any student or parent who is uncertain regarding the suitability of sports shoes are welcome to consult with relevant staff prior to purchase.
- Flat-soled, canvas, skate shoes, basketball shoes and other 'casual' styles of shoe are not acceptable. These shoes do not provide adequate support to the feet and ankles during a range of physical activity and increase the risk of injury.

FIGURE 1 Acceptable Shoes*



FIGURE 2 Unacceptable Shoes*



*Please note, these shoes are examples only and should not be viewed as a complete list of appropriate/inappropriate shoes.